

# Indian Referral Lab Detects 26% BRCA Mutation Incidence In A 77 Women Cohort

Dr Kirti Chadha, Pratiksha Chhedha, Dr Shailesh Pande, Milind Chanekar, Yogita Salunkhe and Dr Nilesh Shah - Molecular Oncology Division, Integrated Oncopathology; Metropolis Healthcare Ltd., Mumbai

## BACKGROUND

- Hereditary cancer syndrome is a genetic disorder in which inherited genetic mutations in one or more genes predispose the affected individuals to the development of cancers and may also cause the early onset of these cancers.
- Cancer syndromes often show not only a high lifetime risk of developing cancer, but also the development of multiple independent primary tumors.
- Most of these syndromes are caused by mutations in tumor suppressor genes or DNA repair genes, oncogenes or genes involved in Angiogenesis.
- Breast cancer is one of the most common malignancies affecting women worldwide and is the second most common malignant condition among women in India.
- Genetic predisposition for familial early onset of breast cancer accounts for approximately 5-10% of all breast cancers with mutations in BRCA1 and BRCA2 being the major risk factors.
- The mutated BRCA1 / BRCA2 genes increase lifetime breast cancer risk to 85% and ovarian cancer risk to 60%, as compared to a 12% life time risk of breast cancer and 1% lifetime risk of ovarian cancer in women without mutations in BRCA1 and BRCA2

### Who should undergo BRCA1/2 Mutation Testing

<b>For all patients:</b>
• Deleterious BRCA1/2 gene mutation in a blood relative
• Personal history of ovarian, fallopian tube, and/or primary peritoneal cancer
<b>For patients with breast cancer:</b>
• One or more blood relatives diagnosed with breast cancer at $\leq 45$ y
• Personal history of bilateral breast cancer at $\leq 50$ y
• Personal history of triple-negative breast cancer at $\leq 60$ y
• Personal history of male breast cancer
<b>For patients without a personal history of breast or ovarian cancer:</b>
• First- or second-degree blood relative with
= Ovarian cancer
= Breast cancer at $\leq 45$ y
• $\geq 2$ First-, second-, or third-degree blood relatives (in the same
bloodline) with breast cancer, at least one of whom was diagnosed
at $\leq 50$ y
<small>NCCN = National Comprehensive Cancer Network. Data from Daly et al. J Natl Compr Canc Netw. 2016;1(8)</small>

## AIMS OF THE STUDY

- The purpose of our study was to develop a reliable assay for detection of germ line BRCA1/2 gene variation and to screen breast cancer patients and at risk individuals for the presence of gene variants.

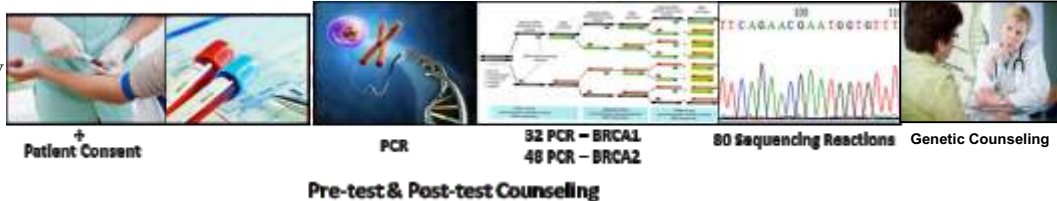
## PATIENTS AND METHODS

### No. of Cases = 77 women (24-75 yr)

- 56 - hereditary breast/ovarian cancer patients
- 18 - sporadic breast cancer patients
- 3 - individuals with no personal or family history



### METHODS: PCR-SEQUENCING OF ALL THE EXONS OF BRCA1/ BRCA2



## RESULTS AND DISCUSSION

### Interpretation of Sequencing Variants

ACMG STANDARDS AND GUIDELINES  
Genetics in Medicine  
Genet Med. 2015 May;17(5):405-24

**Standards and guidelines for the interpretation of sequence variants: a joint consensus recommendation of the American College of Medical Genetics and Genomics and the Association for Molecular Pathology**

Sue Richards, PhD<sup>1</sup>, Naveen Aziz, PhD<sup>2</sup>, Sherri Bain, PhD<sup>3</sup>, David Blok, MD<sup>4</sup>, Soma Das, PhD<sup>5</sup>, Julie Gauthier-Foster, PhD<sup>6</sup>, Wayne W. Grody, MD, PhD<sup>7</sup>, Madhuri Hegde, PhD<sup>8</sup>, Elaine Lyon, PhD<sup>9</sup>, Elaine Spector, PhD<sup>10</sup>, Karl Voelkerding, MD<sup>11</sup> and Heidi L. Ralston, PhD<sup>12</sup>, on behalf of the ACMG Laboratory Quality Assurance Committee

### Terminology

<b>Mendelian disease variant terminology</b>
• Pathogenic
• Likely pathogenic (≥90% confidence)
• Uncertain significance (VUS)
• Likely benign
• Benign
<small>Replace terms "residual" and "polymorphism" with "variant"</small>

- BRCA 1/2 mutation screening as say was successfully developed using gold standard Sanger sequencing methodology and has passed CAP proficiency assessment.
- Seventy four out of 77 cases either had HBOC history or were sporadic breast / ovarian cancer cases and fulfilled NCCN criteria for screening of BRCA mutations. Three women with no personal or family history of cancer opted to undergo BRCA testing.
- Out of 77 cases analyzed pathogenic mutations were detected in 20 cases (26%) with 13 cases (16.9%) showing BRCA2 mutation and 7 cases (9.1%) with BRCA1 mutation. Amongst the 56 HBOC cases 16 (28.6%) had mutation and 4/18 (22.2%) sporadic breast cancer cases showed presence of mutation.
- Most of the pathogenic mutations (19/20) detected in BRCA1/2 were insertion, deletions or substitution mutations which lead to stop codon and premature chain termination. One case showed presence of in tronic mutation leading to splicing defect. Three novel mutations (classified as 'Likely Pathogenic') were identified in the study.
- Other Indian studies have reported mutation frequency of 13% to 50% with higher prevalence in HBOC category. However, the global data indicate lower frequency of 7.5% to 25% in different populations.
- We have observed VUS frequency of 7.8% (6/77) with 7.14% in HBOC cases. The VUS frequency was found to be 7%-15% even higher in other countries.
- All the negative cases should be further tested for large deletions and duplications by Multiplex Ligation Probe Assay (MLPA) technology to have more comprehensive BRCA1/2 analysis.
- Targeted (single) mutation testing rather than comprehensive BRCA testing should be offered to the at risk family members when BRCA1/2 mutation is already identified in the index case in the family.
- BRCA1/2 testing should be shifted on Next Generation Sequencer (NGS) to make the assay cost-effective and affordable for the patients.

**Table 1: List of Mutations Identified In BRCA1/2 Genes**

Sr. No.	Age (yr)	Gene	Category	Mutation Identified	Effect
1	21	BRCA1	HBOC	c.68_69delAG, p.Glu23Valf-	Pathogenic
2	26	BRCA1	HBOC	c.1504_1508delTTAAA	Pathogenic
3	29	BRCA2	HBOC	c.5292 G>T, E1725X	Pathogenic
4	30	BRCA1	HBOC	c.4412delG, p.Gly1471Alafs*1504	Pathogenic
5	30	BRCA2	HBOC	c.5410_5411delGT, p.Val1804Lysfs*2	Pathogenic
6	34	BRCA1	HBOC	c.5292 G>T, E1725X	Pathogenic
7	34	BRCA2	HBOC	c.5410_5411delGT, p.Val1804Lysfs*2	Pathogenic
8	36	BRCA2	HBOC	c.68_69delAG, p.Glu23Valfs*17	Pathogenic
9	40	BRCA1	Sporadic	c.2766delA, p.Thr922fs	Likely Pathogenic
10	40	BRCA2	HBOC	c.2397_2398delA, p.Gly800Valfs*10	Pathogenic
11	41	BRCA2	HBOC	c.6952C>T, p.Arg2318*	Pathogenic
12	45	BRCA1	HBOC	c.5251 C>T, p.Arg1751X	Pathogenic
13	46	BRCA2	HBOC	c.5164_5165delAG, p.Ser1722Tyr fs	Pathogenic
14	50	BRCA2	Sporadic	c.925delT	Pathogenic
15	51	BRCA2	HBOC	c.9257-3_9258delTAGGA	Pathogenic
16	51	BRCA2	HBOC	c.9257-2A>A/T (Intronic)	Pathogenic
17	60	BRCA2	HBOC	c.5682 C>G, Y1894X	Pathogenic
18	63	BRCA2	Sporadic	c.3865_3868delAAAT, p.Lys1289Alafs	Likely Pathogenic
19	69	BRCA1	HBOC	c.516delA, p.Gln172His fs*233	Pathogenic
20	75	BRCA2	Sporadic	c.7505 G>A, R2502H	Likely Pathogenic

**Table 2: List of Variants of Unknown Significance (VUS) Identified In BRCA1/2 Genes**

Sr. No.	Age (yr)	Gene	Category	VUS
1	25	BRCA2	HBOC	c.5986 G>A, p.Ala1996Thr
2	40	BRCA1	HBOC	c.2706 A>C
3	50	BRCA2	Sporadic	c.6935 A>T
4	65	BRCA2	Sporadic	c.6935 A>T, p.Asp2312Val
5	66	BRCA1	HBOC	c.3776 A>C, N1259T
6	67	BRCA2	HBOC	c.7884 A>G, p.I2628M c.9409 A>T p.T3137S

## CONCLUSIONS

- Our study results indicate that BRCA1/2 mutation has a significant role in breast cancer despite the fact that a considerable proportion of the HBOC may be due to genes other than BRCA1/2 mutations. Comprehensive analysis comprising of BRCA1/2 gene sequencing and large deletion / duplication should be offered to the patients.
- The study should be extended to a larger cohort of patients to understand the frequency of BRCA1/2 mutations in Indian patients.
- Further, Indian specific BRCA gene data base should be created comprising of all the identified SNPs, pathogenic variants and VUS.
- Pre-and Post-test Genetic Counseling forms an integral part of BRCA mutation screening.

## REFERENCES:

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